



SUSTAINABLE AUDUBON

MAKING IT GREENER TOGETHER

SENIORS IN MOTION

MINDFUL MONDAYS



 **WALKING CLUB** 

BEGINS MONDAY, OCTOBER 8TH, 9AM
AUDUBON RECREATION CENTER PARKING LOT

JOIN US AS WE ENJOY THE BEAUTY OF OUR LOCAL PARK WITH A WALK AROUND AUDUBON (HADDON) LAKE.
NO NEED TO SIGN UP. JUST SHOW UP! NOT A SENIOR CITIZEN, PLEASE JOIN US ANYWAY!

FOR THE LATEST INFORMATION ON MEETINGS AND EVENTS, CHECK ONLINE AT OUR WEBSITE OR LIKE US ON FACEBOOK!



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